



Client Information Form

Please take a moment to review the Client Information Form, Disclosure Statement, and Office Policies. I invite discussion of any aspect of my training, focus of treatment, or policies. My services are multi-disciplinary and include whatever consultation and collaboration is appropriate for good assessment and treatment. Your Primary Care Physician, School, or Specialist may be consulted with your permission and involvement. Psychiatric consultation can be arranged. I also refer regularly to Licensed Massage Therapists, biofeedback specialists, Clinical Psychologists for additional psychological and educational testing, Naturopaths, and other specialists. I enjoy working “as a team” as much as possible. My approaches are varied. I will work collaboratively with you and your Primary Care Physician and/or ARNP (Nurse Practitioner) to determine the approach(es) which “best fit” for you, and the issues you present.

My practice is by appointment. If you have a crisis, I will get back to you as soon as possible; however, I think it is imperative that you have other support systems, such as your PCP, a friend, family member, or other person who can provide support and assistance to you. I have a small practice, which is part-time. Emergencies may necessitate contact with your PCP or other emergency service to be sure you are safe.

An atmosphere of trust is important to healing. The information you share, your Records, are confidential. Washington Administrative Code regulates Medical Records. You have the right to review them and release them by your permission. A legally sanctioned subpoena or requirements of Child and Adult Protection laws are exceptions. Insurance companies periodically ask for information, such as a diagnosis and/or treatment plan. I will review these requests with you personally.

Even though my services are through telehealth, transactions will be handled in the same manner as other medical offices. PLEASE give 24-hour notice if you cannot make your appointment! Your appointment time is reserved for you. I cannot bill insurance for NO SHOWS. I generally charge the allowable rate under your insurance and I offer private pay and sliding scale.

Please discuss any aspect of billing or office policy with me as trust and respect are built through clear, direct communication.