



## *Southside Counseling*

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**Alison Hadley, LICSW/DCSW, (#LW60003644, Washington State)** received her Masters of Social Work from EWU's School of Social Work and Human Services in March 1980. Prior to this, she received a BA in Psychology from Eastern Washington University in 1975 after attending both WSU and University of Hawaii. After participating in thousands of hours of supervised clinical social work training beyond the Masters, she became a member of the National Association of Social Workers, the Academy of Certified Social Workers, and a **Diplomate** in Clinical Social Work.

Within the State of Washington Alison is a Licensed Independent Social Worker with the State Department of Licensing, as well as an **Approved Supervisor** for Associates seeking a License. Additionally, she is Certified at the Continuing Level by the Office of the Superintendent of Public Instruction to provide **School Social Work** services (inactive status). This represents training and experience specifically in educational settings. The combination of both clinical and educational social work offers quality multi-disciplinary expertise for children, teens, and families with psycho-social and school-related needs.

Alison has been **Certified as a Clinical Hypnotherapist** through the Academy of Clinical Hypnotherapist Examiners. Hypnotherapy skills are used specifically for treatment—for example, Hypnotherapy for Stress Reduction, Visualization, Guided Imagery for healing medical conditions, and Regression.

Alison is Certified in **EMDR (Eye Movement Desensitization & Reprocessing) through the EMDRIA** (International Association). In addition she has FBI Critical Incident Stress Debriefing training through EMDRIA, continues to train in all aspects of this methodology as she has observed its effectiveness in the treatment of anxiety-related traumas and PTSD.

Alison is Certified as a **Gestalt Psychotherapist for Children & Adolescents** with the Violet Oaklander Ph.D. Institute of Santa Barbara, California. This training involved both beginning and advanced courses under the direct guidance of Dr. Oaklander, who wrote the classical Play Therapy/Gestalt book, *Windows to Our Children*. Alison has specialized in this work with children and teens for several years, and uses these skills with children individually, and with groups. Use of Art, Sand Tray, Therapeutic Games, Puppets, Psychodrama, and other Expressive Arts Therapies are included.

Alison specializes in working with Grief & Loss issues; Post-Traumatic Stress issues, including child to adult post-sexual abuse, and Educational Psychology areas. Alison serves periodically as an Adjunct Faculty member of the School of Social Work & Human Services of EWU. She also served as a Member of the Mental Health Licensing Committee of the WA. State Department of Health (2001-2008).

Alison received a Letter of Accreditation from the National Social Work Qualifications Board (**An Bord Ca'ili'ochtai' Na'iaiu'nta d'Obair Sho'isialta**, Ireland) in 2005; and **Certification of Registration** (#1096029 from General Social Care Council (UK) in 2005. Both are inactive.

Alison served as a member of the Association of Social Work Boards **Task Force on Clinical Supervision** in 2007, and was a member of the ASWB Passing Score Panel in 2010.